

The Niagara Classic Road Race

Ontario Cup
ROAD SERIES

Sunday May 17, 2009

The St. Catharines Cycling Club is proud to host the 2009 Niagara Classic Road Race, an OCup event.

Taking place in the picturesque and historic Town of Pelham, the course will be a challenging, winding and rolling 12.3 km course through the vineyards and orchards of Ontario's fruitland and has the traditional Start/Finish on top of Saylor's Hill.

Entry Fees

Pre- registration only. Entry includes lunch. Online Registration (provided by OCA) closes at Midnight on Thursday May 14, 2009. Categories with less than 20 entrants may be combined. No refunds.

Category	Entry Fee
Junior & Cadet	\$25
Senior & Master	\$55

Schedule of Races

Category	Start	Laps	Lap Length	Total Distance	Feeding *
Master 3 Men, Senior 4 Men	8:30 am	5 **	12.3 km	61.5 km	No
Cadet Men	8:34 am	5 **	12.3 km	61.5 km	No
All Women's cats, except Senior 1,2	8:36 am	4 **	12.3 km	49.2 km	No
Senior 3 Men, Junior Men	10:45 am	6 **	12.3 km	73.8 km	Yes
Master 2 Men	10:50 am	6 **	12.3 km	73.8 km	Yes
Senior 1,2 Women	10:52 am	5 **	12.3 km	61.5 km	No
Senior 1,2 Men	1:30 pm	10 **	12.3 km	123 km	Yes
Master 1 Men	1:36 pm	8 **	12.3 km	98.4 km	Yes

* Feed zone will open when riders are completing Lap 4 and close with 2 laps to go.

** riders 10 minutes behind leader on final lap will be pulled

Prizes

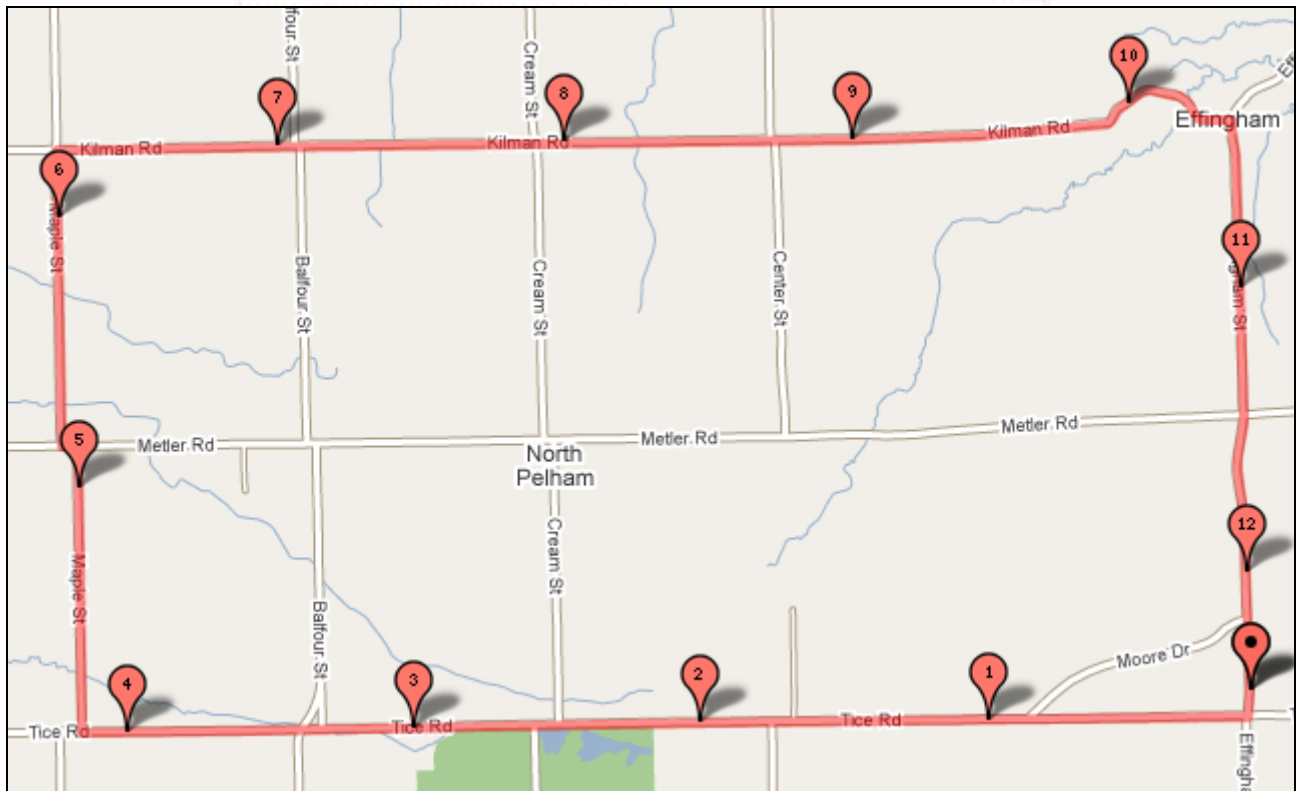
Minimum \$5,000 (based on 400 rider entries). Prize list will be posted at registration prior to event sign-in.

Directions to the Race

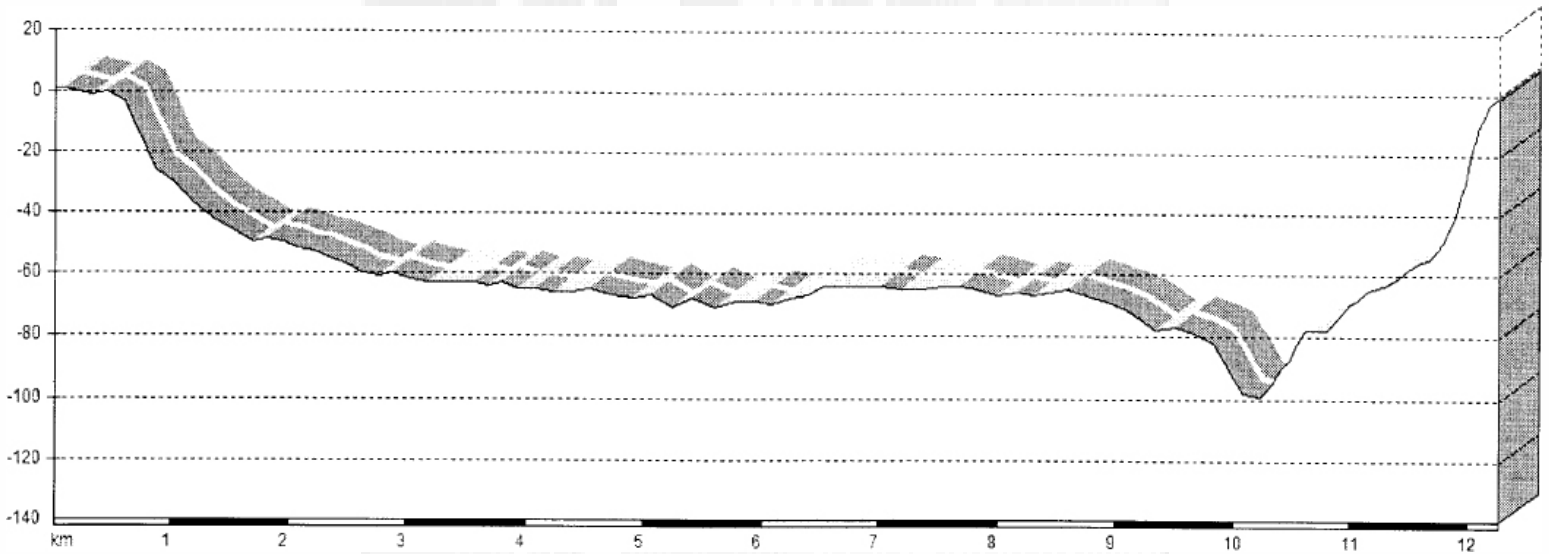
From Toronto / Hamilton:

- Take QEW towards Niagara Exit at Victoria Ave. S.
- Continue on Victoria Ave (Rd. 24) for approximately 15 kms.
- Turn Left onto Rd. 20. Proceed for 6.5 kms.
- Turn Left onto Effingham Street.

Course



Profile



Sponsors



Event Rules

- The race will be held under the rules of the UCI/CCA with OCA modifications.
- The CCA rules are available online at http://www.canadian-cycling.com/cca/documents/2006_COMPANION_GUIDE.pdf
- The penalty scale of the CCA rulebook will be applicable.
- Sign-in closes 15 minutes before the start of each race.
- Pre-registration will be done by the OCA and can be linked to from the St. Catharines Cycling Club website (www.stcatharinescc.com).
- All riders must sign in at registration.
- All UCI licensed riders are eligible to register. OCA Citizen Permit holders under the age of 17 may also register. M3/S4/Jr/Cadet Men M/S3 Women can purchase OCA One-Event Racing Permits (\$10) on site at registration.
- S4 men are no longer allowed to race using a citizen permit; you must have a UCI license or One-Event Permit.
- Riders must race in the category designated on their license.
- The Chief Commissaire will resolve any licencing issues with registration.
- All riders (or parents/guardians) are required to sign the OCA and CCA waivers, unless they have an OCA issued license.
- Races will start promptly at the indicated start times.
- There will be a minimum of four licensed commissaires officiating at this event.
- There will not be a team manager meeting.
- There will not be any team vehicles permitted on the course.
- The course utilizes public roads and the roads are not closed.
- **The yellow line rule is in effect.** A warning will be issued at the starting line. Subsequent violations will result in disqualification.
- Any rider dropping out of the race shall notify a commissaire immediately.
- In the event of a mishap, riders are strictly forbidden from drafting behind vehicles for lengthy periods in attempting to catch up to their group. Such drafting may result in disqualification.
- Riders who are dropped from the main bunch must proceed at their own risk and should always, when possible, ride on the right side of the road with the flow of traffic.
- Riders falling more than 5 minutes behind their group may be pulled from the race at the commissaire's discretion; riders falling 10 minutes behind the leader on the final lap will be pulled.
- Riders must not intermingle with other groups while being overtaken or while passing. Riders must remain separate, even if being lapped by riders in their own group.
- All riders within a category will finish on the same lap. Therefore, any lapped riders will complete fewer laps than the winner.
- All riders are reminded to not cross the finish line a second time after their race has completed. Doing so will result in the rider receiving the placing and time for the second crossing.

- FSR radio channels 11, 12, 13 and 14 are reserved for use by the organization, officials and medical personnel, and therefore riders and teams should avoid their use.
- The prize list will be displayed at sign-in. Riders or a representative must be present at the awards ceremony to claim their prize.
- Awards will be presented after the start of the following race according to the published schedule. Top 3 finishers are required to attend award presentations or risk forfeiting their awards. Riders are expected to wear their competition uniforms for the presentation.

Equipment Rules

- Gear restrictions will be in effect for junior and under 17 categories, plus under 19 Senior 1&2 riders. Riders are reminded to report for roll-out before and after their event.
- As per UCI/CCA Rule 1.3.018, new wheel regulations will be enforced. Only traditional wheels or approved non-traditional wheels are permitted. Consult the list of approved non-traditional wheels at www.uci.ch/english/about/wheels.htm
- Only standard handlebars are permitted. Handlebar extensions, including time-trial bar extensions or other types of tri-bars, are not permitted.
- UCI equipment regulations apply to all categories of riders, including Masters. Only bicycles that fit the UCI definition are now permitted (i.e. no Softride framesets, etc). See Part 1, Chapter 3 of the UCI Regulations.
- Riders are required to wear approved hardshell bicycle helmets while racing and warming up. See CCA Companion Guide, Rule 1.3.031.
- Riders are required to wear jerseys corresponding to the club or team printed on their license. Independent riders and unlicensed riders are required to wear plain coloured jerseys with no significant logos, team names or advertising displayed on them.
- Sleeveless jerseys are not permitted.
- Riders will be issued numbers free of charge at sign-in. Please ensure they are positioned as per the “Number Placement” section of this document.
- Please make sure to return your number set at the end of your event.
- Neutral service vehicles will be supplied by the organization and assigned to follow every race. Riders are encouraged to bring their own spare wheels to be placed in the service vehicles before the start of their race. Wheels must be clearly marked with the rider's number or with the rider's team name if it is intended for use by any member of a particular team. Although efforts will be made to provide a rider's own spare wheels in the event of a mishap, in the interests of servicing a rider quickly, service vehicles may supply wheels at random. The organization is not responsible for damage to wheels, even resulting from use by other riders.
- The use of glass containers is strictly prohibited during the race.

Number Placement

- Please take care to position your numbers correctly. Your result depends on it.
- Numbers must be visible to the timing system camera. Failure to place your numbers as indicated in the technical guide or as displayed at registration will result in “No Placing”.



- Numbers must be returned after the race.

Medical

St. John Ambulance will be on site.

Directions to Welland County Hospital:

- Follow Highway 20 east to South Pelham Road
- Turn south on South Pelham Road, continue to Webber Road
- Turn east on Webber Road into Welland. Webber Road become Lincoln Street
- Continue east on Lincoln Street to King Street (cross over old Welland Canal)
- Turn south on King Street
- Hospital is 1 km south of Lincoln on King Street

Parking

Parking must be in designated areas: small parking lot on Effingham, larger lot on north side of Tice, north side of Tice Road, and east side of Lookout St. We are also trying to secure additional parking.

Do NOT park on the race course, on Effingham St, on the south side of Tice Rd or the west side of Lookout St. This will result in issues with the Pelham Fire Department and the organizers are NOT responsible for towed vehicles.

Do NOT park in the Lookout Point Golf Course parking lot. Organizers are NOT responsible for vehicles towed from the Lookout Point Golf Course parking lot.



Warming Up

Warming up is NOT allowed on the race circuit when races are in progress. Proceed south on Effingham Street or east on Tice Rd/Lookout St.